



PACKING LIST

- Serinas team swimsuit (garnet and gold) and **UNIFORM** (t-shirt, shorts, socks, shoes)
- Figure swimsuit (plain black, one-piece, no lettering or insignias)
- Routine swimsuit(s)
- Noseclips (at least two)
- Plain white figures cap
- Yellow Serinas practice cap
- Towels (3-4)
- Knox gelatin (min. 2 boxes)
- Paint brush
- Styrofoam cups
- Plastic spoons
- Bobby pins (LOTS)
- Ponytail holders
- Hairnets
- Comb
- Makeup
- Pajamas
- Clothes
- Toiletries (toothbrush, paste, shampoo, conditioner, deodorant, etc.)
- SUNSCREEN
- Book, Quiet Games, Cards, etc. for trip
- Pack a sack dinner for trip down Friday
- Money for lunch, snacks and dinner on Saturday (Breakfast will be provided at hotel.)
Girls may wish to include money for a t-shirt or other souvenirs for sale at the meet.

Swimmers are to wear their Serinas Uniform (t-shirt, garnet shorts, white tennis shoes & socks) for the ride down.

*****Eat lunch before we meet to leave town or bring something with you.*****

Please help us by packing as lightly as possible.

ALL swimmers will be leaving Tallahassee by 12:00p on Friday and returning Saturday evening.
PLEASE MAKE ABSOLUTELY SURE THAT YOU HAVE YOUR SUITS AND EQUIPMENT WITH YOU. REMEMBER TO PUT YOUR NAME IN/ON EVERYTHING!

Check, **and re-check**, your bag before we leave Tallahassee.

Please be at Carriage Gate to load up NO LATER THAN 11:45p.
BE ON TIME! IF YOU HAVE A PROBLEM OR ARE RUNNING LATE FOR ANY REASON,
PLEASE NOTIFY YOUR COACH IMMEDIATELY!

(Coach Tara: 251-4995 Coach Erin: 570-1226)